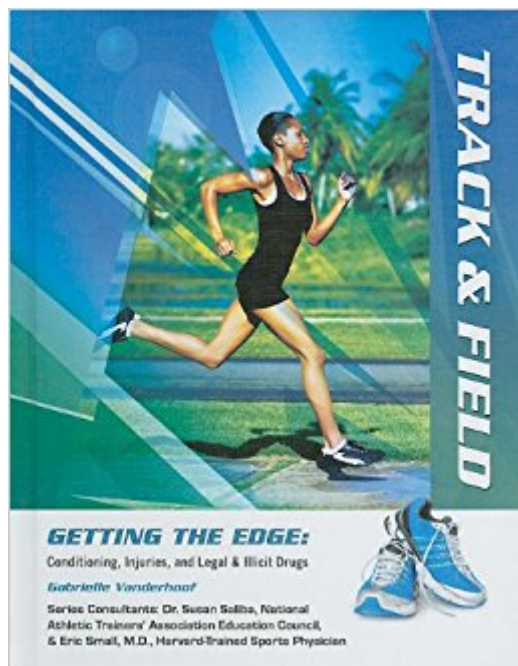


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# Track & Field (Getting The Edge: Conditioning, Injuries, And Legal & Illicit Drugs (Library))



## Synopsis

Offers a general introduction to track and field, its rules, and its history before zeroing in on health and safety concerns.

## Book Information

Lexile Measure: 1140L (What's this?)

Series: Getting the Edge: Conditioning, Injuries, and Legal & Illicit Drugs (Library)

Library Binding: 96 pages

Publisher: Mason Crest Publishers (September 1, 2010)

Language: English

ISBN-10: 142221740X

ISBN-13: 978-1422217405

Product Dimensions: 7.6 x 0.4 x 9.4 inches

Shipping Weight: 12.8 ounces

Average Customer Review: Be the first to review this item

Best Sellers Rank: #13,070,804 in Books (See Top 100 in Books) #42 in [Books > Teens > Sports & Outdoors > Track & Field](#) #1869 in [Books > Sports & Outdoors > Other Team Sports > Track & Field](#) #1219683 in [Books > Children's Books](#)

Age Range: 12 - 15 years

Grade Level: 7 - 10

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