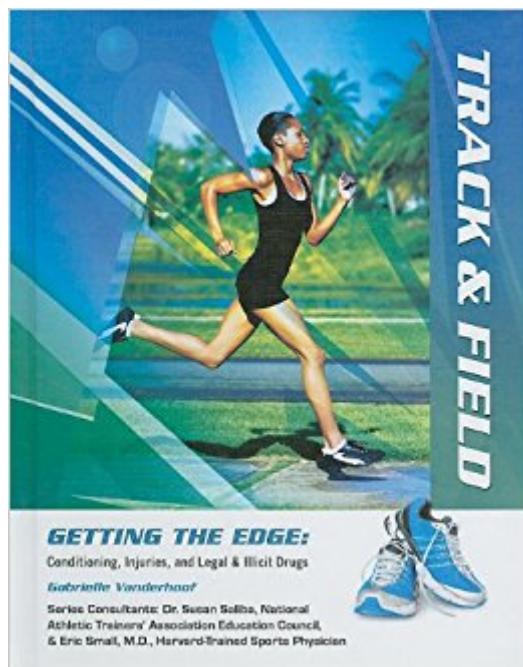


The book was found

Track & Field (Getting The Edge: Conditioning, Injuries, And Legal & Illicit Drugs (Library))



Synopsis

Offers a general introduction to track and field, its rules, and its history before zeroing in on health and safety concerns.

Book Information

Lexile Measure: 1140L (What's this?)

Series: Getting the Edge: Conditioning, Injuries, and Legal & Illicit Drugs (Library)

Library Binding: 96 pages

Publisher: Mason Crest Publishers (September 1, 2010)

Language: English

ISBN-10: 142221740X

ISBN-13: 978-1422217405

Product Dimensions: 7.6 x 0.4 x 9.4 inches

Shipping Weight: 12.8 ounces

Average Customer Review: Be the first to review this item

Best Sellers Rank: #13,070,804 in Books (See Top 100 in Books) #42 in Books > Teens > Sports & Outdoors > Track & Field #1869 in Books > Sports & Outdoors > Other Team Sports > Track & Field #1219683 in Books > Children's Books

Age Range: 12 - 15 years

Grade Level: 7 - 10

[Download to continue reading...](#)

Track & Field (Getting the Edge: Conditioning, Injuries, and Legal & Illicit Drugs (Library)) Hockey (Getting the Edge: Conditioning, Injuries, and Legal & Illicit Drugs (Library)) Martial Arts (Getting the Edge: Conditioning, Injuries, and Legal & Illicit Drugs (Library)) Basketball (Getting the Edge: Conditioning, Injuries, and Legal & Illicit Drugs (Library)) Extreme Sports (Getting the Edge: Conditioning, Injuries, and Legal & Illicit Drugs) Soccer (Getting the Edge: Conditioning, Injuries, and Legal & Illicit Drugs) Abusing Over the Counter Drugs: Illicit Uses for Everyday Drugs (Illicit and Misused Drugs) Track & Field News' Big Gold Book: Metric Conversion Tables for Track & Field, Combined Decathlon/Heptathlon Scoring and Metric Conversion Tables, and ... the Track Fan, Athlete, Coach and Official Addiction in America: Society, Psychology, and Heredity (Illicit and Misused Drugs) Dual Diagnosis: Drug Addiction and Mental Illness (Illicit and Misused Drugs) Steroids: Pumped Up and Dangerous (Illicit and Misused Drugs) Methamphetamine: Unsafe Speed (Illicit and Misused Drugs) Recreational Ritalin: The Not-So-Smart Drug (Illicit and Misused Drugs)

Modern Refrigeration and Air Conditioning (Modern Refridgeration and Air Conditioning) Heating, Ventilation, and Air Conditioning: A Residential and Light Commercial Text & Lab Book (Heating, Ventilating & Air Conditioning) Metabolic Conditioning: Rapid Fat Loss and Enhanced Athletic Performance Using Metabolic Training Techniques (Metabolic Conditioning and Rapid Weight Loss Book 1) Hypertension and You: Old Drugs, New Drugs, and the Right Drugs for Your High Blood Pressure Prescription Drugs: Understanding Drugs and Drug Addiction (Treatment to Recovery and Real Accounts of Ex-Addicts Volume III → Prescription Drugs Edition Book 3) Brain & Spinal Cord Injuries: A Guide for Coping with Injuries and Understanding the claiming process Complete Conditioning for Rugby (Complete Conditioning for Sports Series)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)